

# ST. CHRISTOPHER'S PARISH



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## OUR MISSION STATEMENT

St. Christopher's Parish is a believing community committed to manifesting Christ's love through celebrating the sacraments, sharing gospel values, serving one another and all who hunger for Jesus.

**PARISH OFFICE HOURS:** Monday to Friday 9:00 a.m. - 4:00 p.m. (closed: 12:30 - 1:30 p.m.)

### PASTORAL TEAM

Pastor: Rev. Steven Kwon  
Permanent Deacon: Deacon Terence Da Silva  
Permanent Deacon: Deacon Michael E. Minkowski  
Lay Pastoral Associate & Ministry with Maturing Adults: Georgina Abrego  
Parish Secretary: Perpetua Fernandes  
Youth Minister & Sacramental Preparation: Levy Anne Revita  
Accounting: Arnold Rego  
Sacristan: Narda Van Dyk



### BAPTISM

The Sacrament of Baptism is offered every Saturday at 12:45 pm and Sunday at 1:45 pm one family at a time by appointment. You may prepare for the sacrament three months before the birth of your child.

### MARRIAGE

Couples planning to be married must contact a priest one year in advance. They must also receive personal preparation for entering marriage. Do not book a hall or choose music until you have spoken to the priest. If either party has previously gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been consulted.

### CHRISTIAN INITIATION OF ADULTS & CHILDREN

Those wishing to become Catholic or learn more about the Catholic faith are invited to contact the Parish Office.

### LITURGY OF THE WORD FOR CHILDREN

10:00 a.m. Mass.

### MOTHERS' GROUP

Third Wednesday of the month in the Msgr. Hickey Lounge at 7:30 p.m. Please contact Jen via email: [jen@catholicmomsgroup.com](mailto:jen@catholicmomsgroup.com)

### HOLY HOUR

Exposition of the Blessed Sacrament after morning mass on 1st & last Fridays of the month. Other Fridays at 7:00 p.m.

### LEGION OF MARY

Every Sunday at 1:30 p.m. (J.C. Room)

### YOUTH MINISTRY

Jr. EDGE - Grade 3 - 5

EDGE - Grade 6 - 8

Lifeteen - Grade 9 -12

Contact Levy Anne for dates and times.

### KNIGHTS OF COLUMBUS

Third Tuesday of the month in the Parish Hall at 7:00 p.m.

### RELIGIOUS BOOKS & ARTICLES STORE

Open every third week of each month following Saturday 5:00 p.m. and all Sunday masses.

### SENIORS COFFEE TOGETHER

Tuesday mornings after 9:00 a.m. Mass - (Parish Hall)

### BIBLE SHARING

Wednesday mornings 10-11 a.m. (J.C. Room)

### PARISH SCHOOLS

St. Christopher Isabel Sauve, Princ. 905-822-0721

St. Helen Ruben Furtado, Princ. 905-822-4564

St. Louis Natalie Poerba, Princ. 905-822-8251

St. Luke Mark Gibson, Princ. 905-274-2760

Iona Catholic S.S. Carl Cini, Princ. 905-823-0136

### SUNDAY EUCHARIST

Saturday: 5:00 p.m.

Sunday: 8:30 a.m., 10:00 a.m. (also live) & 12:00 noon

### WEEKDAY MASS SCHEDULE

Tuesday to Saturday: 9:00 a.m.

### SACRAMENT OF RECONCILIATION

Saturday at 10:00 a.m. or by appointment

### COMMUNION TO THE SICK & SHUT-INS

Call parish office for home visit.

### ANOINTING OF THE SICK

By request through the parish office.



**8<sup>th</sup> Sunday in Ordinary Time**

**“No good tree bears bad fruit, nor again does a bad tree bear good fruit; for each tree is known by its own fruit. Figs are**

**not gathered from thorns, nor are grapes picked from a bramble bush. The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks.**

Luke 6:43-45

**CHILDREN’S LITURGY RUNS EVERY SUNDAY AT 10 AM - AGE 4-11.**

**Prayer Requests**

**Faithfully Departed:** John Lychy

**If you or a family member is sick or deceased and would like to be prayed for, please contact the parish office.**



**HE deserves all the GLORY!**  
 O come...let us adore HIM  
**At the HOLY HOUR Adoration**  
 (after morning Mass on the 1st & last Friday of the month, other Fridays it is at 7 pm.)

**Dynamic Women of Faith Conference**

**Saturday, March 22, 2025: 9:00 AM - 5:00 PM**

**REGISTER:** [dwf2025.eventbrite.ca](http://dwf2025.eventbrite.ca)

The 17th Annual Dynamic Women of Faith full day conference held at the Old Mill (21 Old Mill Rd.) in Toronto.

Speakers and topics include:

- Father Marcin Serwin OMI - Being a Priest - Being a Midwife
- Annie Karto | Divine Mercy Flood My Soul
- Dr. Stephanie Kafie | 5 Ways to Live out ‘Totally Yours’
- Lisa Canning | Surrendering in Suffering: Discovering JOY
- Dorothy Pilarski | Your Life is Going to Change

Bishop Robert Kasun will be celebrating the closing Mass; sharing a reflection on Jubilee Year 2025 - Pilgrims of Hope



**JOIN US ON TUES. MARCH 4<sup>TH</sup> IN THE CHURCH HALL FOR A FREE PANCAKE DINNER FROM 5-7PM! ALL ARE WELCOME TO JOIN US!**



**Mass Intentions**

**Mon. March 3<sup>rd</sup>: NO MASS**

**Tues. March 4<sup>th</sup>:**

- 9am – Filomena Carvalho†
- Christine Nickalls†
- William Gaye†
- Michael Cresswall†
- Florisena Amedeo†
- Triumfo Magpali†
- Mary Camilleri†
- Brenda Van Tassel†

**Wed. March 5<sup>th</sup>: No Mass Intentions**

**Thurs. March 6<sup>th</sup>:**

- 9am – Maria Teresa & Giovanna Fantauzzi†

**Fri. March 7<sup>th</sup>:**

- 9am – Michael Cresswall†

**Sat. March 8<sup>th</sup>:**

- 9am – Jerome A. Rodrigues†
- Henry Kucharzyk†
- 5pm – Rodrigues & D’Sousa Familiiest

**Sun. March 9<sup>th</sup>:**

- 1<sup>st</sup> Sunday of Lent**
- 8:30 am** – Martie Way†
- 10 am** – Franscesco Confaria†
- 12 noon** – People of the Parish

**What’s Happening at St. Christopher’s**

**Mon. March 3<sup>rd</sup>:** K of C, 3<sup>rd</sup> Degree – Service meeting  
 Msgr. Hickey Lounge (7pm)

**Tues. March 4<sup>th</sup>:** Pancake Tuesday Dinner  
 Parish Hall ( 5pm-7pm)

**Wed. March 5<sup>th</sup>:**

Ash Wednesday Mass – Distribution of Ashes  
 9am & 7:30pm

**Fri. March 7<sup>th</sup>:**

- 9:30 am - Eucharistic Adoration
- 6:30 pm – Stations of the Cross

**Sat. March 8<sup>th</sup>:** Focolore

Children’s Liturgy Room (2:30-4:30pm)

# ASH WEDNESDAY

## LENT BEGINS

**WHAT IS LENT?**  
The *40-day period* from Ash Wednesday and before Easter Sunday. It is marked by **praying, fasting, abstinence, and other acts of penance.**

PRAYING (|||||) FASTING (|||||) ABSTINENCE (|||||)



**WHAT IS FASTING?**  
One meal a day, and two smaller meals which if added together would not exceed one full meal



**WHAT IS ABSTINENCE?**  
Abstinence is **refraining from eating meat.** Meat is considered to be the flesh and organs of mammals and fowl.



**DAYS OF FAST?**

Ash Wednesday	Good Friday
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**DAYS OF ABSTINENCE?**

Ash Wednesday	All Fridays of Lent	Good Friday
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**WHO ARE REQUIRED?**  
Catholics from age < 18 to 59 >



The sick are excused from fasting

**WHO ARE REQUIRED?**  
Mandatory for everyone older than 14 years old



## What is Lent?

What are your priorities in life right now? Lent is an invitation to rearrange your priorities—to focus on what matters most and leave behind what matters least. Lent is the season where the Church prepares for Easter. Starting with Ash Wednesday, Lent spans 40+ days until Holy Thursday. In the fourth chapter of Matthew, Jesus spends 40 days in the desert, fasting, praying, and preparing for his mission. Lent is your opportunity for that same focus.

Lent is your invitation to take your spiritual life seriously.

Lent is the perfect time to form life-giving habits and abandon self-destructive habits.

Lent is your chance to discover the abundant life Jesus invites us to at Easter. Take these 40 days to explore God’s dream for your life and it will change everything. Are you ready?

## Traditional Lenten Practices

We all need a fresh start from time to time. And Lent is the perfect time to embark on that journey.

Maybe you need a fresh start in your personal finances, or perhaps you need a fresh start in your marriage. Maybe you need a fresh start in a relationship with a child or a parent, or possibly you need a fresh start in your health and well-being. It could even be that you need a fresh start in your career.

For generations, Catholics have developed different traditions that help them make a new beginning during Lent. Here are just a few examples:

### Give Something Up:

Many Catholics “give up” something for the entire Lenten season. A classic example is giving up chocolate, but you don’t have to stop there! You could give up negative thinking, speaking poorly about others, or procrastinating. You could also make a positive swap: like praying the Rosary instead of watching TV, or reading a Catholic book instead of scrolling through social media.

### Join a Spiritual Challenge:

One of the simplest ways to transform your Lent is to join other Catholics for a spiritual challenge. You could create a small challenge with your friends, sign up for a local Bible study, or pray the Angelus at 9am, 12pm and 3pm.

### Deepen Your Prayer:

Catholics often will say special Lenten prayers. One of the most popular spiritual practices during Lent is the Stations of the Cross. The Stations of the Cross is one of the most simple, yet powerful, ways to prayerfully walk alongside Jesus during his Passion, and encounter him like never before. Our God loves fresh starts. How is he inviting you to a fresh start this Lent?



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